

**Table A (Online Appendix).****Demographics and Current Diagnoses of Parents Attending an Urban Family Medicine Practice**

Demographics	n <sup>a</sup>	%
% Female	237 (87)	87
Marital status		
Married/cohabiting	97 (36)	36
Separated/divorced	84 (31)	31
Widowed	9 (3)	3
Never married	81 (30)	30
Race/ethnicity		
Hispanic	231 (85)	85
Non-Hispanic black	36 (13)	13
Non-Hispanic white	2 (1)	1
Asian/Pacific Islander/Other	4 (2)	2
Education		
≤ 8 <sup>th</sup> grade	29 (11)	11
9 <sup>th</sup> -11 <sup>th</sup> grade	59 (22)	22
High-school graduate	69 (25)	25
Some college or technical school	81 (30)	30
≥ 4 years of college	33 (12)	12
Annual household income		
< \$6,000	79 (29)	29
\$6,000-\$11,999	73 (27)	27
\$12,000-\$17,999	55 (20)	20
\$18,000-\$35,999	49 (18)	18
≥ \$36,000	15 (6)	6
Insurance <sup>b</sup>		
Medicare	30 (11)	11
Medicaid	180 (69)	69
Other government program	35 (13)	13
Private insurance	18 (7)	7
Self-pay/Other	45 (17)	17
Current diagnosis		
Major depressive disorder (MDD)	24 (9)	9
Subthreshold depression <sup>c</sup>	63 (23)	23
<b>Any depression</b>	<b>87 (32)</b>	<b>32</b>
Panic disorder	15 (6)	6
Generalized anxiety disorder	15 (6)	6
Social anxiety disorder	33 (12)	12
<b>Any anxiety disorder<sup>d</sup></b>	<b>47 (17)</b>	<b>17</b>
Alcohol use disorder	16 (6)	6
Drug use disorder	10 (4)	4
<b>Any substance use disorder<sup>d</sup></b>	<b>22 (8)</b>	<b>8</b>
<b>Any disorder (including subthreshold depression)<sup>d</sup></b>	<b>107 (39)</b>	<b>39</b>

<sup>a</sup>Number range is 271-273 due to missing data.

<sup>b</sup>Participants asked to check all that apply.

<sup>c</sup>Subthreshold depression = 2-4 depressive symptoms, including depressed mood or anhedonia, present on more than half the days or nearly every day in the past two weeks, or >5 MDD symptoms present at least several days in the past two weeks, including depressed mood or anhedonia.

<sup>d</sup>Participants may meet criteria for >1 of these disorders.



**Table B (Online Appendix).**  
**Interest in Help for Problems By Parental Depression Status in an Urban Family Medicine Practice**

Problems	Major depression (n = 24) <sup>a</sup>		Subthreshold depression (n = 63) <sup>b</sup>		No depression (n = 186) <sup>c</sup>		Major depression v. Subthreshold depression		Combined Major/Subthreshold depression v. No depression	
	n	%	n	%	n	%	OR <sup>d</sup>	CI	OR <sup>d</sup>	CI
Feeling nervous/anxious <sup>e</sup>	16	67	46	74	40 <sup>f</sup>	22	.53	.17-1.68	<b>6.51</b>	<b>3.43-12.35</b>
Sadness/feeling down/little interest <sup>e</sup>	18	75	48	77	48 <sup>f</sup>	26	.94	.27-3.26	<b>6.24</b>	<b>3.26-11.94</b>
Bodily complaints <sup>e</sup>			49	78	63 <sup>f</sup>	34	1.76	.42-7.40	<b>6.66</b>	<b>3.37-13.15</b>
Getting along with people close to you <sup>e</sup>	12	50	26	42	32 <sup>f</sup>	17	1.59	.57-4.47	<b>3.81</b>	<b>1.99-7.31</b>
Work stress <sup>e</sup>	8	35	20	32	26 <sup>f</sup>	14	1.63	.53-5.04	<b>3.35</b>	<b>1.65- 6.79</b>
Life changes <sup>e</sup>	9	39	30	48	44 <sup>f</sup>	24	.76	.26-2.29	1.78	.94-3.35
Finding new job <sup>e</sup>	13	57	29	47	43 <sup>f</sup>	23	1.69	.56-5.15	<b>2.05</b>	<b>1.08-3.87</b>
Financial problems <sup>e</sup>	17	74	43	68	83 <sup>f</sup>	45	1.19	.37-3.79	<b>2.75</b>	<b>1.46-5.21</b>
Death of someone close to you <sup>e</sup>	14	58	23	38	38 <sup>f</sup>	20	1.75	.62-4.96	<b>3.19</b>	<b>1.66-6.12</b>
Feeling bored/lonely <sup>e</sup>	15	63	36	58	30 <sup>f</sup>	16	1.13	.40-3.26	<b>5.84</b>	<b>3.06-11.12</b>
Overusing alcohol/drugs <sup>e</sup>	1	4	6	10	4	2	.45	.05-4.45	<b>4.19</b>	<b>1.05-16.69</b>

<sup>a</sup> Number range is 23-24 due to missing data.

<sup>b</sup> Subthreshold depression was identified if 2-4 depressive symptoms, including depressed mood or anhedonia, were present on more than half the days or nearly every day in the past two weeks, or if >5 major depression symptoms were present at least several days in the past two weeks, including depressed mood or anhedonia. Number range is 60-63 due to missing data.

<sup>c</sup> No depression = not meeting criteria for major depression or subthreshold depression. Number range is 184-186 due to missing data.

<sup>d</sup> Odds ratios (OR) are adjusted for parental age and any anxiety disorder.

<sup>e</sup> Chi square comparisons across groups were significant at the  $p < .05$  level.

<sup>f</sup> Pairwise comparisons were conducted between the combined major/subthreshold depression groups and the no depression group and were significant at the  $p < .01$  level.

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**Table C (Online Appendix).**

**Parental Reports of Children's Problems and Interest in Help for Children By Parental Depression Status in an Urban Family Medicine Practice**

	Major depression (n =24) <sup>a</sup>		Subthreshold Depression (n =63) <sup>b</sup>		No Depression (n =186) <sup>c</sup>		Major depression v. Subthreshold depression		Combined Major/Subthreshold depression v. No depression	
	n	%	n	%	n	%	OR <sup>d</sup>	CI	OR <sup>d</sup>	CI
<b>Children's problems</b>										
Often feels nervous/worried <sup>e</sup>	6	25	14	22	18 <sup>f</sup>	10	1.98	.56-7.05	<b>3.23</b>	<b>1.48-7.06</b>
Often unhappy/has little interest <sup>e</sup>	7	29	19	30	28 <sup>f</sup>	15	1.42	.45-4.50	2.34	.52-2.12
Does not have friends <sup>e</sup>	8	33	12	19	25	14	2.63	.77-8.94	<b>2.47</b>	<b>1.19-5.15</b>
Disobeys rules at home <sup>e</sup>	9	38	25	40	41 <sup>f</sup>	22	1.05	.36-3.08	<b>2.99</b>	<b>1.58-5.68</b>
Inattention <sup>e</sup>	9	38	26	41	43 <sup>f</sup>	24	1.31	.45-3.87	<b>2.25</b>	<b>1.19-4.22</b>
Often loses temper <sup>e</sup>	6	25	28	44	28 <sup>f</sup>	15	.65	.21-2.04	<b>3.69</b>	<b>1.87-7.29</b>
Trouble with schoolwork/needs special classes	6	25	14	22	27	15	1.32	.40-4.40	1.47	.69-3.12
Trouble in school or with police <sup>e</sup>	1	4	8	13	7	4	.35	.04-3.31	2.09	.61-7.13
Uses alcohol and/or drugs	1	4	1	2	1	1	12.57	.19-839.78	7.79	.69-87.83
≥1 of problems above <sup>e</sup>	15	63	41	65	87 <sup>f</sup>	47	1.52	.51-4.51	<b>2.03</b>	<b>1.11-3.73</b>
<b>Professional child has seen for emotional/mental problems</b>										
Mental health professional <sup>e</sup>	6	25	14	22	17 <sup>f</sup>	9	1.72	.50-5.99	<b>2.85</b>	<b>1.28-6.35</b>
Pediatrician/family doctor/other <sup>e</sup>	12	50	37	59	75	40	1.01	.36-2.84	<b>2.04</b>	<b>1.12-3.73</b>
<b>Interest in help for children among parents reporting ≥1 child problem</b>										
Worried about children and wants help	9	60	18	44	31	36	1.96	.65-5.95	1.74	.87-3.48
Children need help for emotional problem or mental illness but not getting it	5	33	8	20	11	13	2.27	.56-9.12	2.28	.87-5.94

<sup>a</sup> Number range is 23-24 due to missing data.

<sup>b</sup> Number range is 62-63 due to missing data.

<sup>c</sup>. Number range is 183-186 due to missing data.

<sup>d</sup> Odds ratios (OR) are adjusted for parental age and any anxiety disorder.

<sup>e</sup> Chi square comparisons across groups were significant at the  $p < .05$  level.

<sup>f</sup> Pairwise comparisons were conducted between the combined major/subthreshold depression groups and the no depression group and were significant at the  $p < .01$  level.