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Holly A. Swartz, M.D., Editor-in-Chief

The American Journal of Psychotherapy is a peer-reviewed, interdisciplinary journal published quarterly by the American Psychiatric Association. Begun in 1947 by the Association for the Advancement of Psychotherapy, *The American Journal of Psychotherapy* provides a forum for advancing the theory, science, and clinical practice of psychotherapy, publishing articles that expand the understanding of psychotherapies, especially in the domains of efficacy, process, education, and practice.

The journal publishes empirical papers on psychotherapy outcomes, process, measurement, and education. Maintaining a strong clinical focus, it welcomes case reports, review articles, and training tools that will guide and shape clinical practice.

The American Journal of Psychotherapy invites a broad range of perspectives from all psychotherapy disciplines, including but not limited to psychodynamic, interpersonal, cognitive- or dialectical-behavioral, existential, emotion-focused, problem-solving, mentalizing, mindfulness-based, and client-centered approaches.

The American Journal of Psychotherapy inclusively addresses topics across treatment modalities, age groups, genders, races and ethnicities, and diagnoses. The journal serves the international community by curating a vibrant, pluralistic, dialogue about psychotherapy that ultimately will inform clinical care.

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