Synopsis Notes Broad Codes and Subcodes

COVID-19 (CV-19) Material Stressors

Subcodes:

Housing concerns

Descriptions of housing related issues due to COVID-19 (CV-19).

Job or income/money loss and concerns

Descriptions of job or income loss or other financial constraints due to CV-19. Include front line worker issues here. Include shut down incidences that impact finances.

Broad Codes

Mental health impacts & disrupted access to resources

Subcodes:

Medical and Medication access issues

Issues related to caller accessing medications or medical appointments for primary, specialty, and mental health services. Include cancellations and service/surgery postponement due to CV-19 restrictions here.

• Social support access issues

Issues related to caller accessing social support services and support groups. Include non-healthcare community resources such going to the church, gym or park here.

Family/relationship/domestic disturbances

Callers experiencing stress related to their living situation. This includes family disagreements, relationship issues, & DV references.

• CV-19 related loss/Sickness

Descriptions of caller stress due to CV-19 related death of friends/family.

• Substance use

Descriptions of alcohol or drug use increase due to CV-19.

MH/PTSD/Current SI

Descriptions of caller feeling triggered due to CV-19 and experiencing mental health anxieties, PTSD, current suicide ideation. Include general COVID anxiety references here.

• Social Isolation/Quarantine

Instances where caller mentions feeling social isolation or quarantine related stress

Virus exposure fears/paranoia Descriptions where caller is stressed/fearful of being exposed to CV-19. Include references to non-masking, lack of social distancing, and not wanting to go out/go to doctor

COVID-19-specific concerns or questions (not related to mental health)

Subcodes:

Info on testing/CV-19 symptomatic

Descriptions of caller needing information on testing or being symptomatic for CV-19.

Media/Politics/Controversy

Instances where caller discusses CV-19 related to media, politics, or virus origins

General

Include general references to CV-19 that do not necessarily relate to any of the previous codes but is relevant content.

Notes Category

Use this category to make notes on the established codes or to discuss newly emerging themes and content that require further attention. Also, provide any suggestions for changes to code categorizations, and other thoughts for consideration here.