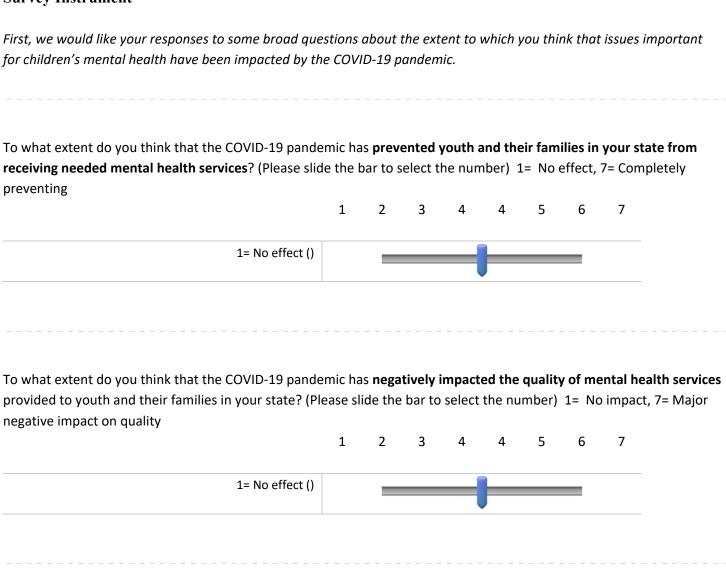
APPENDIX A

States from which County-Level Mental Health Agency Policymakers were Recruited

U.S. Census Region	States
West	CA, OR, UT, WA
Midwest	IA, MN, NE, OH, WI
South	FL, NC, TX
Northeast	CT, NY, PA

APPENDIX B

Survey Instrument



To what extent do you think that the COVID-19 pandemic has **increased the demand for mental health services** among youth and their families in your state? (Please slide the bar to select the number) 1= No effect, 7= Major increase in demand

1 2 3 4 4 5 6 7



Q5 Below is a list of **challenges** your agency might have faced in providing mental health services to youth and their families during the COVID-19 pandemic. Please select the number that represents the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge)
Provider capacity/staffing issues because of illness and /or childcare obligations	0	0	0	0	0	0	0
Lack of personal protective equipment for providers	0	0	0	0	0	0	0
Patients missing appointments	0	0	\circ	\circ	\circ	0	\circ
Facility closures	0	\bigcirc	\circ	\circ	\circ	\circ	\circ
Redeployment of inpatient psychiatric beds for anticipated/actual COVID-19 patients	0	0	0	0	0	0	0
Medication supply	0	\circ	\circ	\circ	\circ	\circ	\circ
Inability to provide some services remotely (e.g., home-based and community-based programs, mobile crisis, respite for caregivers)	0	0	0	0	0	0	0

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Next are a few questions about challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic.

Below is a list of **provider-related** challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic. On a scale of 1-7, please indicate the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge
Access to a HIPPA adherent platform to practice tele- mental health	0	0	0	0	0	0	0
Lack of remote work policies for providers	0	0	\circ	\circ	\circ	0	\circ
Lack of provider training on tele-mental health	0	0	0	0	0	0	0
Licensing challenges	\circ	\circ	\circ	\circ	\circ	\circ	\circ
Types of therapies offered do not translate to telemental health	0	0	0	0	0	0	0
Providers not comfortable with tele- mental health	0	0	0	0	0	0	0
Regulations regarding billing (e.g., unable to bill for text messaging)	0	0	0	0	0	0	0
Regulations do not permit flexible delivery of the service	0	0	0	0	0	0	0

Below is a list of **patient-related** challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic. On a scale of 1-7, please indicate the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge
Lack of reliable internet access, data on cellphone plans, or equipment (i.e., laptops, iPads, smartphones)	0	0	0	0	0	0	0
Youth or families not comfortable with tele-mental health	0	0	0	0	0	0	0
Youth or families not aware of the option for telemental health	0	0	0	0	0	0	0
Youth or families concerned about privacy issues	0	\circ	0	\circ	0	0	
Telehealth services not developmentally appropriate for some youth (e.g., age of child; child is non-verbal)	0		0			0	

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Below is a list of **financing-related** challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic. On a scale of 1-7, please indicate the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge
Lack of/insufficient Medicaid reimbursement for tele-mental health	0	0	0	0	0	0	0
Lack of/insufficient CHIP reimbursement for tele-mental health	0	0	0	0	0	0	0
Lack of/insufficient private/commercial insurance reimbursement for tele-mental health	0	0	0	0	0	0	0
Limited number of tele-mental health services for which reimbursement is provided	0	0	0	0	0	0	0

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