

56 Studies Used in Meta-Analysis

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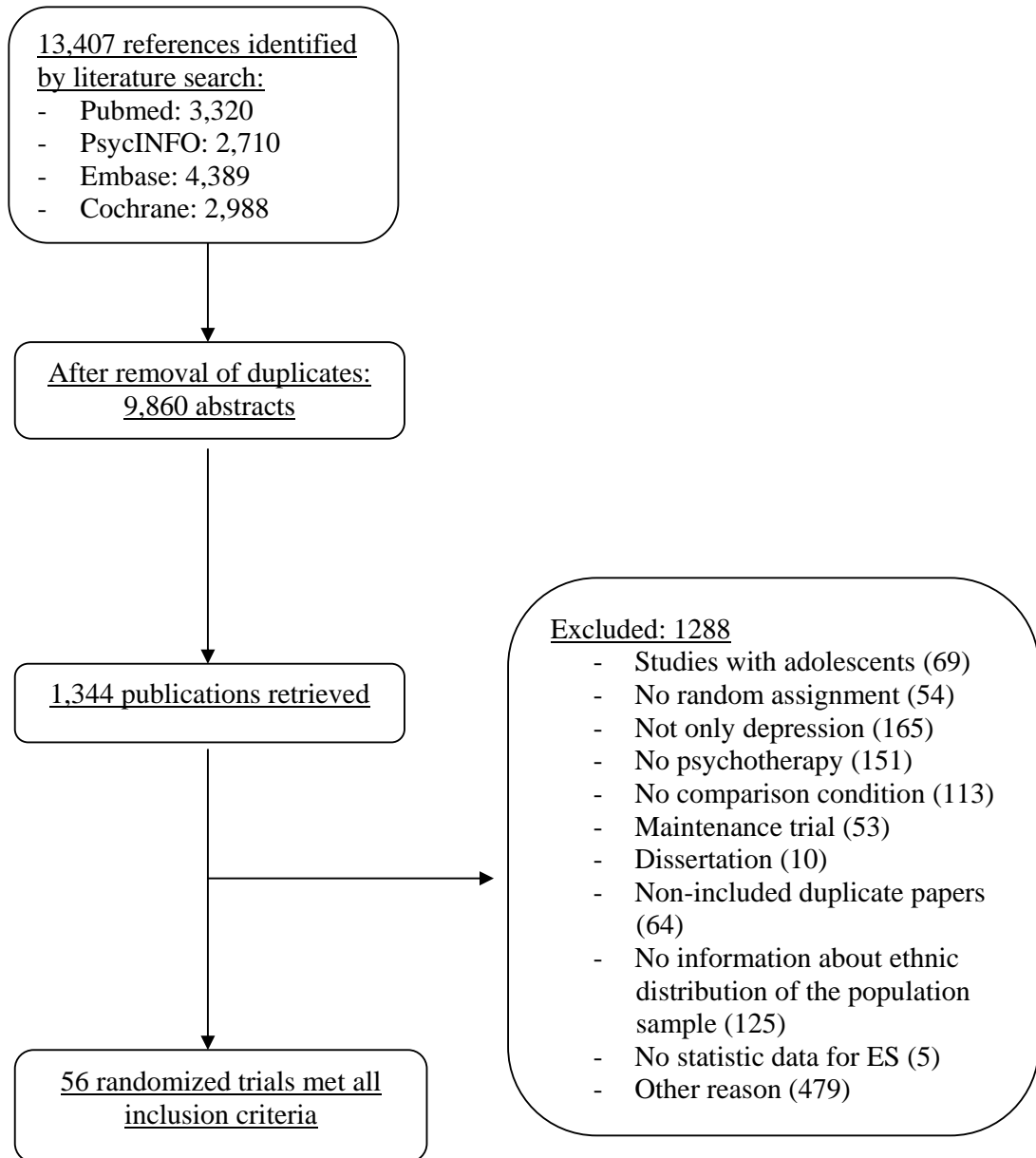
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Appendix B

Flow chart of the selected studies



Appendix C

Characteristics of selected randomized controlled trials

% Ethnicity

Study	Recruitment	Target group	Definitive on of depression Conditions	Form at	N	Nati ve	Blac k	Asia n	Lati n	Native- Americ an	Oth er	Count ry	Rando m seq	Allocati on conc	Blin d asse ss	IT T	Ris k of bia s	
																		Major depressi on
Arean et al., 1993	Community	Older adults	Major depressi on	1. PST 2. RT 3. Waiting- list	Grp	19	77.3	16	1.3	6.7	0	0	USA	-	-	+	-	1
Baker, Kavanagh, Kay-Lambkin et al., 2010	Community	Other	Other definiti on	1. CBT (depression focus) 2. CBT (alcohol focus) 3. CBT (integrated focus)	Ind	71	79	0	0	0	0	21	AU	+	+	+	+	4

			4. Brief Intervention (control)															
			Major depressi			70												
Barber, Barrett, Gallop et al. 2011	Community	Adults	on	1. SET	Ind	51	48	45	2	5	0	0	USA	+	+	+	+	4
				2. PBO+		50												
Barrett, Williams, Oxman et al., 2001	Clinical	Adults	Mood disorder	1. PST	Ind	29	90	3	3	1	3	0	USA	+	+	+	+	4
				2. PBO		32												
			Specific program for low-income mothers	Other definiti														
Beeber, Holditch-Davis, Perreira et al., 2010		Other	on	1. IPT	Ind	34	0	0	0	100	0	0	USA	+	+	+	-	3
				2. CAU		37												
Bohlmeijer, Fledderus, Rokx et al., 2011	Community	Adults	Other definiti	1. ACT	Grp	49	85	0	0	0	0	8	NL	+	+	-	+	3
				2. Waiting-list		44												
Carpenter, Smith, Aharonovic et al., 2008	Clinical	Other	Mood disorder	1. BAT	Ind	18	81.6	7.9	0.0	5	0	0	USA	-	-	-	+	1
				2. REL (control)		20												

Chesney, Chambers, Taylor et al., 2003	Community	General medical	Other definiti on	1. CET 2. Waiting- list	Grp	46	82	0	0	0	0	18	USA	-	-	+	-	1
Cohen, O'Leary & Foran, 2010	Community	Adults	Mood disorder	1. BCT 2. Waiting- list	Ind	16	88.2	3	3	5.7	0	0	USA	-	-	+	-	1
Cramer, Salisbury, Conrad et al., 2011	Community	Other	Other definiti on	1. CBT 2. CAU	Grp	48	87.7	0	0	0	0	11	UK	+	+	-	+	3
Dimidjian, Hollon, Dobson et al., 2006	Community	Adults	Major depressi on	1. CBT 2. BAT 3. PBO	Ind	45	81.7	0	0	0	0	18.3	USA	+	+	+	+	4
Dobkin, Menza, Allen et al., 2011	Community	General medical	Mood disorder	1. CBT 2. CAU	Ind	41	93	1	5	4	0	1	USA	+	+	+	+	4
Duarte, Miyazaki, Blay et al., 2009	Dialysis units	General medical	Major depressi on	1. CBT 2. CAU	Grp	41	76.5	0	0	0	0	23.5	BR	+	+	+	+	4

Dunn, Rehm, Schillaci et al., 2007	Clinical	Other	Mood disorder	1. SEMT 2. CAU	Grp	33 44	55.4	27.7	0	11. 9	0	5	USA	+	+	+	+	4
Dwight-Johnson, Aisenberg, Golinelli et al., 2011	Rural health center	Other	Other definiti on	1. CBT 2. CAU	Ind	50 51	4	0	0	91	0	5	USA	-	-	+	+	2
Elkin, Shea, Watkins et al., 1989	Clinical	Adults	Major depressi on	1. CBT 2. IPT 3. PBO+	Ind	59 61 62	89	0	0	0	0	11	USA	+	+	+	+	4
Evans & Connis, 1995	List of patients for radiation treatment	General medical	Other definiti on	1. CBT 2. SUB 3. Radiation treatment (control)	Grp	27 21 24	59.7	11.1	0	0	0	29.2	USA	-	-	+	-	1
Freedland, Skala, Carney et al., 2009	Outpatient research clinic	General medical	Mood disorder	1. CBT 2. SUB	Ind	41 42	81.3	18.7	0	0	0	0	USA	+	+	+	+	4

				3. CAU		40													
Haringsma, Engels, Cuijpers et al., 2006	Community	Older adults	Other definiti on	1. CBT 2. Waiting- list	Grp	52	90	0	0	0	0	10	NL	-	-	+	+	2	
						58													
Harley, Sprich, Safren et al., 2008	Clinical	Adults	Major depressi on	1. DBT 2. Waiting- list	Grp	10	83.3	0	0	0	0	16.7	USA	+	+	+	-	3	
						9													
Heckman, Sikkema, Hansen et al., 2011	Community	General medical	Other definiti on	1. COP 2. IPS 3. ITUR (control)	Grp	4	52	48	0	0	0	0	USA	+	+	-	+	3	
						10													
						5													
						86													
Hogg & Deffenbacher, 1988	Clinical	Student populati on	Other definiti on	1. CBT 2. IP 3. Waiting- list	Grp	13	91.9	0	0	0	0	8.1	USA	-	-	+	-	1	
						14													
						10													

Jamison & Scogin, 1995	Community	Adults	Major depressi on	1. CBT 2. Waiting- list	Grp	33	85	15	0	0	0	0	USA	-	-	-	-	0
						39												
Kay-Lambkin, Baker, Lewin et al., 2009	Community	Other	Other definiti on	1. CBT (by therapist) 2. CBT (by computer) 3. Brief intervention (control)	Ind	21	93	0	0	0	0	7	AU	+	+	+	+	3
						22												
						24												
Kelly, Murphy, Bahr et al., 1993	Community	General medical	Other definiti on	1. CBT 2. SUB 3. Comparison condition	Grp	27	61.8	29.4	0	0	0	8.8	USA	-	-	+	-	1
						14												
						27												
King, Sibbald, Ward et al., 2000	Clinical	Adults	Other definiti on	1. CBT 2. SUB 3. CAU	Ind	63	91.2	0	0	0	0	8.8	UK	+	+	+	+	4
						67												
						67												

Le, Perry & Stuart, 2011	Other	Other	Other definiti on	1. CBT	Grp	2	0	0	0	100	0	0	USA	+	+	-	+	3
				2. CAU		10												
						5												
Levin, Campbell, McGovern et al., 2011	Clinical	Adults	Other definiti on	1. CBT	Grp	99	90.1	2.1	0.5	3.1	2.1	2.1	USA	+	+	+	+	4
				2. CAU		91												
Linde, Simon, Ludman et al., 2011	Mixed-model health care system	Other	Major depressi on	1. CBT	Grp	1	78.5	0	0	0	0	21.1	USA	+	+	+	+	4
				2. BWL (control)		10												
						2												
Lustman, Griffith, Freedland et al., 1998	Community	General medical	Major depressi on	1. CBT	Ind	24	81	0	0	0	0	19	USA	+	+	+	+	4
				2. CAU		27												
Milgrom, Negri, Gemmill et al., 2005	Maternal and child health centres	Women with PPD	Mood disorder	1. CBT	Grp	46	97.1	0	0	0	0	2.9	USA	-	+	+	+	3
				2. SUB (group)		47												
				3. SUB (individual)		66												

				4. CAU		63													
	General																		
	practices and																		
Milgrom, Holt,	maternal and	Women	Other																
Gemmill et al.,	child health	with	definiti	1. CBT (by	Ind	22	83.8	0	0	0	0	16.2	AU	+	+	-	+	3	
2011	centres	PPD	on	nurse)															
				2. CBT (by															
				psychologist															
)		23													
				3. CAU		23													
	Ongoing		Other																
	longitudinal		definiti																
Miller &	study	Adults	on	1. IPT	Ind	15	36.7	26.7	0	30	0	6.7	USA	-	-	+	+	2	
Weissman, 2002				2. CAU		15													
	Special		Major																
	programs in		depressi							50.									
Miranda, Chung,	suburban area	Other	on	1. CBT	Grp	90	6	43.8	0	2	0	0	USA	+	+	+	+	4	
Green et al., 2003				2. CAU		89													
	Medical		Major																
	college and	Older	depressi																
Mohr, Carmody,	Clinical	Adults	on	1. CBT	Ind	39	78.8	0	0	0	0	21.2	USA	-	-	+	+	2	
Erickson et al.,				2. CAU		38													
2011	Medical		Other																
	college and	Older	definiti																
Mossey, Knott,	hospital	adults	on	1. IPT	Ind	31	45	55	0	0	0	0	USA	-	-	+	-	1	
Higgins et al., 1996																			

				2. CAU		38												
Mulcahy, Reavy, Wilkinson et al., 2010	Clinical	Women with PPD	Major depressi on	1. IPT 2. CAU	Grp	23	86	0	0	0	0	14	AU	+	+	+	-	3
						27												
Murphy, Carney, Knesevich et al., 1995	Community	Adults	Major depressi on	1. CBT 2. Relaxation training (control)	Ind	11	97.3	2.7	0	0	0	0	USA	-	-	-	-	0
						13												
Mynors-Wallis, Gath, Lloyd- Thomas et al., 1995	Clinical	Adults	Major depressi on	1. PST 2. PBO	Ind	29	95.6	0	0	0	0	4.4	UK	+	+	+	+	4
						26												
Neugebauer, Kline, Markowitz et al., 2006	Other	Other	Other definiti on	1. IPT 2. CAU	Ind	10	21	0	16	63	0	0	USA	-	-	-	+	1
						9												
O'Hara, Stuart, Gorman et al., 2000	Letters to targetgroup in specific countries	Women with PPD	Major depressi on	1. IPT 2. Waiting-	Ind	48	96.7	0	0	0.8	0.8	1.7	USA	+	-	-	+	2
						51												

				list														
Ransom, Heckman, Anderson et al., 2008	Community	General medical	Mood disorder	1. IPT 2. CAU	Ind	31	77	13	0	9	1	0	USA	-	-	+	+	2
Rohan, Roecklein, Tierny Lindsey et al., 2007	Community	Adults	Major depressi on	1. CBT 2. CBT+LT 3. Waiting- list	Grp	15	78.7	11.5	4.9	3.3	0	1.6	USA	-	-	+	+	2
Safren, O'Cleirigh, Tan et al., 2009	Community	General medical	Mood disorder	1. CBT 2. WL	Ind	23	51	31	0	18	7	0	USA	+	+	+	+	4
Schmidt & Miller, 1983	Community	Adults	Other definiti on	1. CBT (individual) 2. CBT (small group) 3. CBT (large group) 4. CBT (bibliothera	Ind	12	86	0	0	0	0	14	USA	-	-	+	-	1

				py)														
				5. Waiting-														
				list														
				10														
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				2. CAU														
				92														
				Older														
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				94.1														
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				3. Talking														
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				+														
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				2														
				2. PEP														
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				depressi														
				1. IPT														
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				21														
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				+														
				+														
				2														
Schulberg, Block, Madonia et al., 1996	Clinical	Adults	Major depressi on	1. IPT 2. CAU	Ind	93 92	55.1	0	0	0	0	44.9	USA	-	-	+	+	2
Serfaty, Haworth, Blanchard et al., 2009	Community	Older adults	Mood disorder	1. CBT 2. CAU 3. Talking control	Ind	64 55 58	94.1	2.9	1	0	0	2	UK	+	+	+	+	4
Snarski, Scogin, DiNapoli et al., 2011	Clinical	Older adults	Other definiti on	1. BAT 2. CAU	Ind	16 13	60	32	0	0	2	6	USA	-	-	-	+	1
Spinelli & Endicott, 2003	Clinical	Other	Major depressi on	1. IPT 2. PEP (control)	Ind	19 19	28.9	5.3	0	8	0	0	USA	+	-	-	+	2
Swartz, Frank, Zuckoff et al., 2008	Community	Other	Major depressi	1. IPT	Ind	24	79	0	0	0	0	21	USA	-	-	+	+	2

			on															
				2. CAU		18												
			Major															
Talbot, Chaudron,			depressi															
Ward et al., 2011	Clinical	Other	on	1. IPT	Ind	34	58.6	41.4	0	0	0	0	USA	-	-	-	+	1
				2. CAU		24												
Taylor, Conrad,	Clinics and		Other															
Wilhelm et al.,	advertisement	General	definiti															
2009	s	medical	on	1. CBT	Ind	19	95.8	0	0	0	0	4.2	USA	-	-	+	+	2
				2. Waiting-														
				list		21												
van Bastelaar,			Other															
Pouwer, Cuijpers et		General	definiti			12												
al., 2011	Community	medical	on	1. CBT	Grp	5	89	0	0	0	0	11	NL	+	+	+	+	4
				2. Waiting-		13												
				list		0												
Warmerdam, van			Other															
Straten, Twisk et			definiti															
al., 2008	Community	Adults	on	1. CBT	Grp	88	92.4	0	0	0	0	7.6	NL	+	+	+	+	4
				2. PST		88												
				3. Waiting-														
				list		87												
		Women	Other															
Wiklund, Mohlkert	Maternity	with	definiti															
& Edman, 2010	clinic	PPD	on	1. CBT	Ind	33	91	0	0	0	0	9	SE	-	-	+	-	1

