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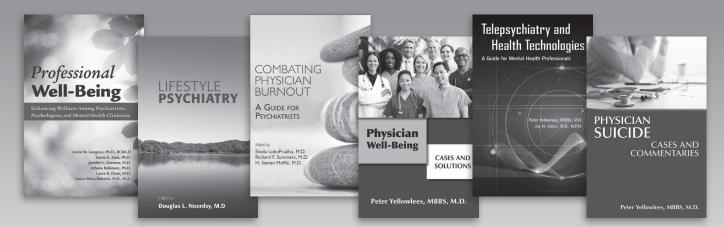
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Professional Well-Being

Enhancing Wellness Among Psychiatrists, Psychologists, and Mental Health Clinicians

Grace Gengoux, Ph.D., BCBA-D, Sanno E. Zack, Ph.D., Jennifer L. Derenne, M.D., Athena Robinson, Ph.D., Laura B. Dunn, M.D., and Laura Weiss Roberts, M.D., M.A.

Physician self-care is correlated with patient care; a growing body of evidence supports this. Yet, a culture persists within medicine that values overwork, perfectionism, and self-sacrifice, often to the detriment of clinicians themselves. This book advocates for a new culture—one that is supportive of the health and well-being of health professionals to the benefit of the patients and populations they serve.

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AMERICAN PSYCHIATRIC

Combating Physician Burnout

A Guide for Psychiatrists

Edited by Sheila LoboPrabhu, M.D., Richard F. Summers, M.D., and H. Steven Moffic, M.D.

This book aims to educate psychiatrists about three key concepts: stress, burnout, and physician impairment. The introduction discusses the history and social context of burnout. Subsequent sections discuss the potential effects of burnout on clinical care, contextual elements that may contribute to burnout, potential systemic and individual interventions, and the moral challenge burnout poses to psychiatry.

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Physician Well-Being

Cases and Solutions Peter Yellowlees, MBBS, M.D.

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A Guide for Mental Health Professionals Peter Yellowlees, MBBS, M.D., and Jay H. Shore, M.D., M.P.H.

This a practical guide for mental health professionals seeking innovative digital technologies to improve the quality of care for patients with psychiatric disorders. Beginning with an overview of current psychiatric practice, the authors cover the broader context of telepsychiatry, give specific guidance on setting up and managing a telepsychiatry practice; and discuss in-person, online, and hybrid models of care, as well as data collection, electronic records, clinical documentation, and ethics.

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Physician Suicide

Cases and Commentaries Peter Yellowlees, MBBS, M.D.

The book examines how the related disorders of burnout, anxiety, depression, and addiction, can lead to suicide and explores the influence of gender, culture, aging, and personal resilience on outcomes. In addition, it investigates ways to mitigate the impact of these factors to improve physician health and well-being and thereby reduce the number of physicians who kill themselves.

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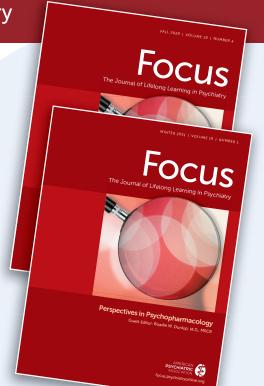
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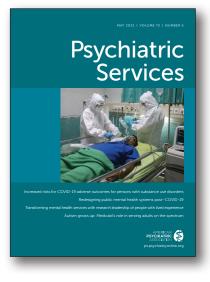




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Psychiatric Services features research related to the delivery of mental health services, especially for people with serious mental illness in community-based treatment programs. Provision of highquality care involves collaboration among a variety of professionals. Clinicians, administrators, and policy makers look to *Psychiatric Services* for research on how to deliver evidence-based treatments, to take an integrated "whole-health" approach to care, and to better engage individuals in their care. Mental health's current focus on patient-centered, recovery-oriented care and on dissemination of evidence-based practices is transforming service delivery systems at all levels. Research published in *Psychiatric Services* contributes to this transformation.



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May 2021 issue

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Editor Lisa Dixon, M.D., M.P.H., and Podcast Editor and co-host Josh Berezin, M.D., M.S., discuss the latest mental health services research published in *Psychiatric Services* and why it is relevant. Topics include community-based treatment programs, collaborative care, evidence-based treatment and service delivery, criminal and social justice, policy analysis, and more.

PSYCHIATRIC SERVICES FROM PAGES TO PRACTICE

Engaging African American Clergy and Community Members to Increase Access to Evidence-Based Practices for Depression

Sidney H. Hankerson, M.D., M.B.A., discusses efforts to train African American clergy interested in interpersonal counseling in managing major depression among community members.

From Shelters to Hotels: An Enduring Solution to Ending Homelessness for Thousands of Americans

Deborah K. Padgett, Ph.D., M.P.H., and Daniel Herman, M.S.W., Ph.D., discuss extending the authorization that U.S. health authorities gave to shelter providers to move residents into hotels.

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