

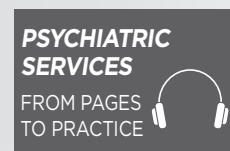
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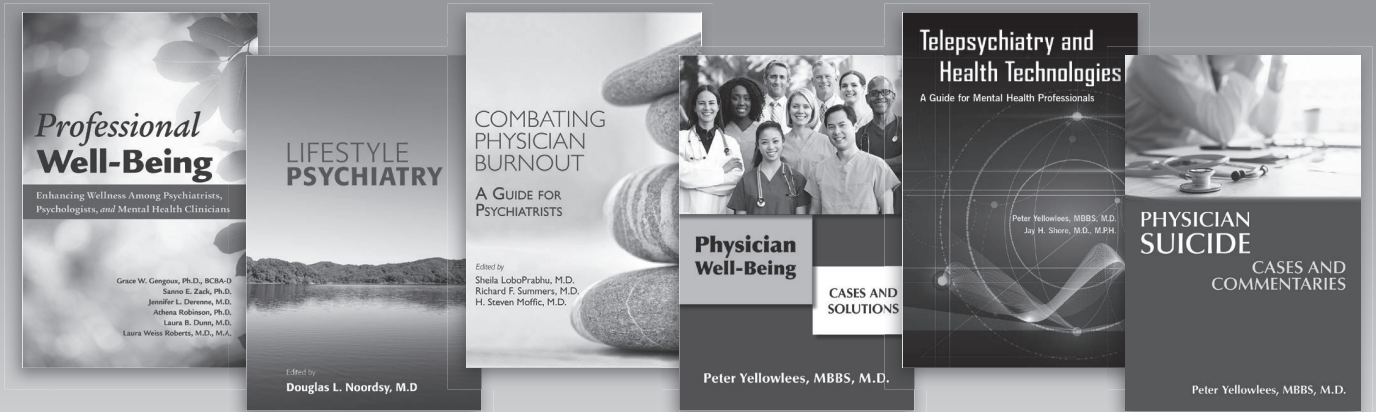
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Enhancing Wellness Among Psychiatrists, Psychologists, and Mental Health Clinicians

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Sanno E. Zack, Ph.D.,
Jennifer L. Derenne, M.D.,
Athena Robinson, Ph.D.,
Laura B. Dunn, M.D., and
Laura Weiss Roberts, M.D., M.A.

Physician self-care is correlated with patient care; a growing body of evidence supports this. Yet, a culture persists within medicine that values overwork, perfectionism, and self-sacrifice, often to the detriment of clinicians themselves. This book advocates for a new culture—one that is supportive of the health and well-being of health professionals to the benefit of the patients and populations they serve.

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A Guide for Psychiatrists

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Richard F. Summers, M.D., and
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A Guide for Mental Health Professionals

Peter Yellowlees, MBBS, M.D.
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Telepsychiatry and Health Technologies

A Guide for Mental Health Professionals

Peter Yellowlees, MBBS, M.D., and
Jay H. Shore, M.D., M.P.H.

This a practical guide for mental health professionals seeking innovative digital technologies to improve the quality of care for patients with psychiatric disorders. Beginning with an overview of current psychiatric practice, the authors cover the broader context of telepsychiatry, give specific guidance on setting up and managing a telepsychiatry practice; and discuss in-person, online, and hybrid models of care, as well as data collection, electronic records, clinical documentation, and ethics.

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Michael F. Hogan, Ph.D., discusses the challenges and opportunities for nationwide reform in systems of care for individuals in psychiatric crisis in the United States.