

Follow-up characteristics of participants receiving mental health training (n=185)

Characteristic	4-months post-training, n=185 (%)	Group differences between participants at post-training and those missing at post-training, Chi-square (p)
Gender		
Female	84 (45%)	1.54 (0.21)
Male	101 (55%)	
Age		
21-29 years	64 (35%)	3.58 (0.31)
30-39 years	51 (28%)	
40-49 years	50 (27%)	
50+ years	20 (11%)	
Caste*/Ethnicity		2.46 (0.12)
High caste groups	133 (72%)	
Lower caste groups and ethnic minorities	52 (28%)	
Type of primary care provider		0.36 (0.55)
Primary care provider without prescribing rights (e.g., auxiliary nurse midwife)	87 (47%)	
Primary care provider with prescribing rights (e.g., health assistant)	98 (53%)	
Years working in healthcare services		7.80 (0.05)
< 1 year	9 (5%)	
1-5 years	51 (28%)	
6-10 years	25 (14%)	
> 10 years	99 (54%)	

* Social stratification that in Nepal is closely correlated with ethnicity.

Bivariate associations between interpersonal skill and demographic variables and outcome of “acceptable” competence

Variable	Unadjusted OR (p)**
Interpersonal skills	
Nonverbal communication	2.24 (0.002)
Verbal communication	1.64 (0.09)
Rapport building	1.49 (0.19)
Empathy/warmth	2.15 (0.01)
Gender	
Male	0.38 (0.005)
Age	0.98 (0.20)
Caste**/Ethnicity	
High caste groups	1.87 (0.12)
Type of primary care provider	
Primary care provider with prescribing rights (e.g., health assistant)	2.67 (0.005)
Years working in healthcare services	0.98 (0.30)

* Outcome at the 75% threshold

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Logistic regression models examining pre- to post-training improvement in interpersonal skills as predictors of post-training “acceptable” competence (n=185)

	<i>75% threshold</i>					<i>65% threshold</i>				
	Log odds	Standard error	p-value	Odds ratio	OR 95% CI	Log odds	Standard error	p-value	Odds ratio	OR 95% CI
<i>Intercept (no improvement in interpersonal skills score)</i>	-1.78	0.32	<0.01	-	-	-0.59	0.26	0.02	-	-
Unit of improvement in interpersonal skills score	0.28	0.09	0.002*	1.32	1.1, 1.6	0.34	0.08	<0.001*	1.40	1.2, 1.7