

Online Supplement: Whole Health Action Management: A randomized controlled trial of a peer-led health promotion intervention

WHAM Randomized Controlled Trial Consort Chart

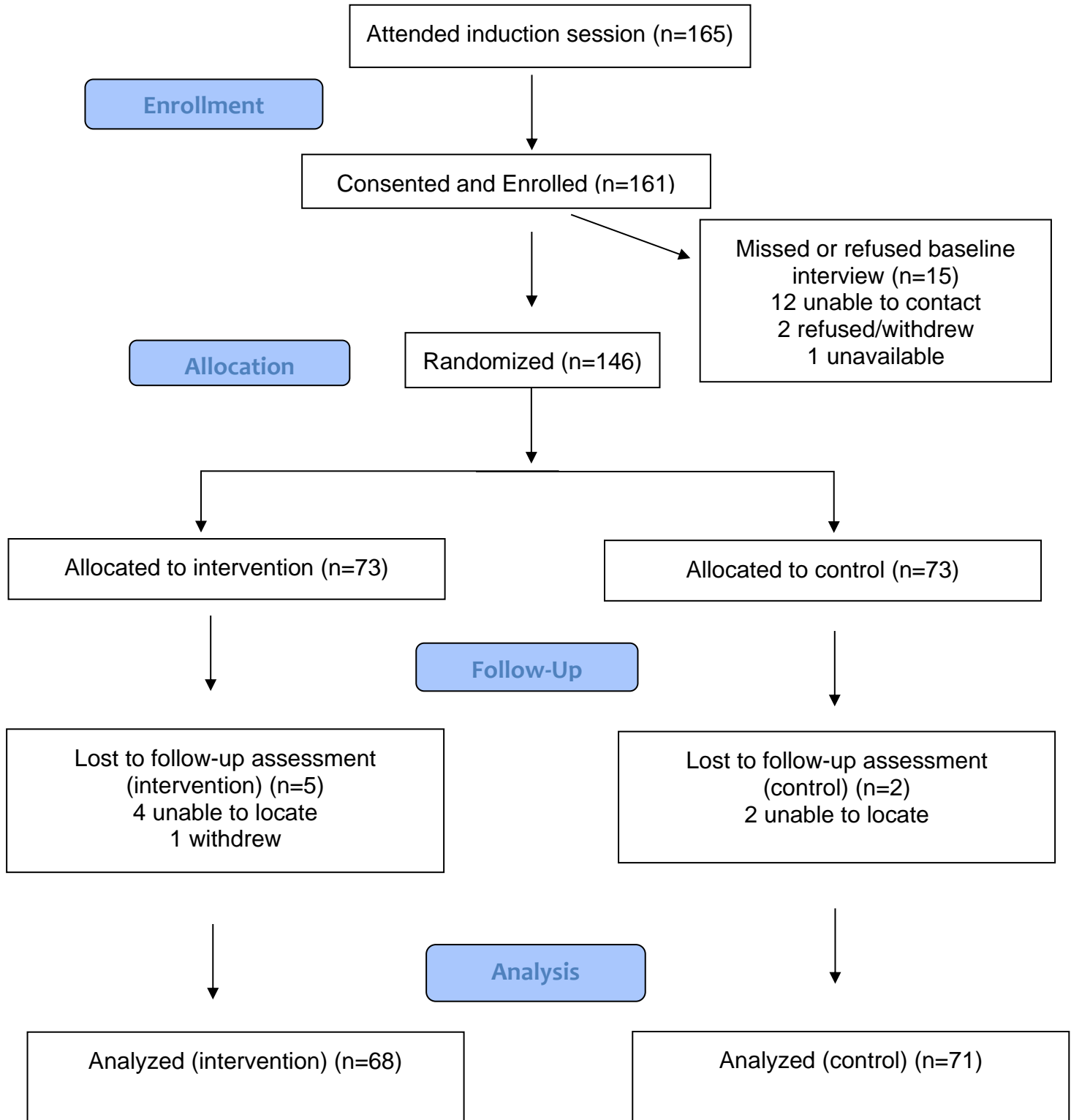


Table of outcome measures by time point and study condition

	Baseline				Post-intervention				6-months			
	WHAM (n=68)		Control (n=71)		WHAM (n=68)		Control (n=69)		WHAM (n=64)		Control (n=66)	
	n	Mean ±SD	n	Mean ±SD	n	Mean ±SD	n	Mean ±SD	n	Mean ±SD	n	Mean ±SD
Patient Activation Level	68	2.7±1.1	71	2.9±0.9	68	2.9±1.0	69	2.6±0.9	64	2.8±1.1	66	2.6±1.0
Self-Rated Health	68	3.5±1.1	71	3.7±1.0	68	3.8±1.1	69	3.5±1.1	64	3.8±1.0	66	3.7±1.0
Total Hope	68	32.6±6.0	71	32.7±6.0	68	34.3±4.9	69	33.1±6.0	64	34.3±5.2	66	33.2±5.2
Hope Pathways	68	11.8±2.1	71	11.8±2.2	68	12.4±2.0	69	11.9±2.5	64	12.4±2.0	66	11.7±2.1
Hope Agency	68	11.8±2.6	71	11.6±2.5	68	12.2±2.0	69	11.7±2.5	64	12.2±2.2	66	12.0±2.4
	n	%	n	%	n	%	n	%	n	%	n	%
Employed	68	5.9%	71	9.9%	68	19.1%	69	7.2%	64	18.8%	66	6.1%