

Supplementary Figure. Participant flow, cohort selection and data refinement

1	10	5%	9%	9%				77%				
	9	5%	9%	8%				78%				
nber	8	4%	10%	6%	80%							
Mental Health Session Number	7 <b>4% 10% 6% 81%</b>											
Sessio	6	5%	12%	7%		76%						
ealth S	5	5%	14%	4%	78%							
ntal He	4	4%	13%	4%								
Mer	3	4%	13%	4%				79%				
	2	4%	14%	4%				78%				
	1	3%	15%	5%				76%				
	0	%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
			<ul> <li>Discontinued - returned for 2nd episode</li> <li>Discontinued - did not return</li> <li>Treatment completed/referred</li> <li>Continued</li> </ul>									

**Supplementary Figure.** Rates of continuation, discontinuation and completion after each session. Note. Discontinued (return) proportions were projected from sub-group analyses and applied to the overall sample; All % may not sum to 100% due to rounding