

Supplemental Table 1. Barriers to obtaining MHSU^a services for FTO-CINI youth

	All (N=423)		No MHSU Services Use (N=272)		MHSU Services Use (N=151)		<i>p</i> -value
	N	%	N	%	N	%	
# of caregiver-reported barriers to youth MHSU treatment (past 4 mo)							
0	336	79.4	238	87.5	98	64.9	<.001
>= 1	87	20.6	34	12.5	53	35.1	
Barrier Type							
Distrust professionals (e.g. therapists or doctors)/ Had a previous negative experience with therapy	18	4.3	2	0.7	16	10.6	
Worried that your child might be taken away from your home, or worried you might lose custody of your child.	12	2.8	3	1.1	9	6.0	
Time	18	4.3	5	1.8	13	8.6	
Did not have enough information (e.g. not sure who to call, where to find services, etc.)	15	3.6	6	2.2	9	6.0	
Language barrier	1	0.2	1	0.4	0	0.0	
Felt embarrassed, or as if the professionals you go to see might judge you	8	1.9	3	1.1	5	3.3	
Cost	14	3.3	3	1.1	11	7.3	
Agency/Program issues (e.g. waiting lists, problems with insurance, delays because of paperwork, etc.)	24	5.7	5	1.8	19	12.6	
Transportation issues	25	5.9	10	3.7	15	9.9	
Childcare issues	4	0.9	1	0.4	3	2.0	
The service your child needed was not available	7	1.7	2	0.7	5	3.3	
Did not feel treatment was necessary	11	2.6	9	3.3	2	1.3	

^aMHSU = Mental health and/or substance use treatment services, including one or more of the following: psychotropic medication, psychiatric inpatient visit, inpatient alcohol/drug treatment, day hospital or partial hospitalization, outpatient drug/alcohol treatment, mental health center, private professional help from a psychiatrist, psychologist, social worker or psychiatric nurse.