

Appendix 1. Stepwise logistic regressions predicting functioning (SOFAS), distress (K10) and symptoms (BPRS) at 6 months.

Model 1

K10	β	SE of β	t	Sig.	95% CI
Constant	16.90	1.60	10.59	.000	(13.76 - 20.04)
Baseline K10	.31	.05	6.83	.000	(.22 - .40)
Total Psychiatry Sessions	.21	.10	2.26	.025	(.03 - .40)

* variables excluded in model 2: age, age of onset, sex, baseline SOFAS, baseline BPRS, total psychology sessions, CI= confidence interval

Model 2

BPRS	β	SE of β	t	Sig.	95% CI
Constant	36.93	1.79	20.68	.000	33.41 - 40.45
Baseline K10	.09	.04	2.36	.019	.01 - .16
Total Psychiatry Sessions	-.16	.08	-2.07	.039	-.31 - -.01
Age of onset	-.21	.11	-1.99	.048	-.41 - -.00

* variables excluded in model 3: age, sex, baseline SOFAS, baseline BPRS, total psychology sessions, CI= confidence interval

Model 3

SOFAS	β	SE of β	t	Sig.	95% CI
Constant	54.02	2.70	19.98	.000	48.69 - 59.34
SOFAS	.20	.04	4.62	.000	.12 - .29
Total Psychiatry & Psychology Sessions	-.10	.05	-2.02	.045	-.19 - -.00