

Supplemental Table 1. Framework for addressing general medical health in community mental health settings.

Stages of Intervention	Wellness, Engagement, and Motivation for All	General Medical Health Screening	Wellness, Engagement, and Motivation for Those With Needs
General Themes	<ul style="list-style-type: none"> <li>• Provide total care for consumers, no barrier between general medical and mental health</li> <li>• Staff need wellness education, engagement, and motivation as well</li> <li>• Provide information in collaborative, non-judgmental, and culturally sensitive way</li> <li>• Empower consumers</li> </ul>	<ul style="list-style-type: none"> <li>• Every aspect of a consumer's life</li> <li>• Interdisciplinary collaboration</li> </ul>	<ul style="list-style-type: none"> <li>• Encourage consumers to be proactive in their health care</li> <li>• Use a team approach and "we" instead of "you"</li> <li>• Make improvements real and focus on small, achievable goals</li> </ul>
Methods to Incorporate	<ul style="list-style-type: none"> <li>• Wellness groups and activities (for example, nutrition and shopping classes)</li> <li>• Resource guides</li> <li>• Motivational interviewing training</li> <li>• Participation by both staff and consumers to address wellness together</li> </ul>	<ul style="list-style-type: none"> <li>• Existing tools, but without being burdensome or overwhelming to the consumer or provider</li> <li>• Ask about access to services (including vision and dental) and satisfaction with providers</li> <li>• Ask about diagnoses and treatments, including prior and family history</li> <li>• Ask about tobacco and substance use</li> <li>• Ask about lifestyle: diet, nutrition, and exercise</li> <li>• Collect vital signs and labs</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence-based tools (for example, Wellness Recovery Action Plans)</li> <li>• Smoking cessation and substance use recovery groups</li> <li>• Provide basic information and brief intervention</li> <li>• Facilitate referral to primary care, substance abuse treatment, or other specialties</li> <li>• Health navigation</li> <li>• Peers as mentors</li> </ul>