

Supplementary Table 1. Descriptive Information for Predisposing, Illness-Related and Enabling Factors at Each Wave

	<i>Wave 1</i> (<i>n=658</i>)		<i>Wave 2</i> (<i>n=529</i>)		<i>Wave 3</i> (<i>n=487</i>)	
	<i>M or %</i>	<i>SD</i>	<i>M or %</i>	<i>SD</i>	<i>M or %</i>	<i>SD</i>
<i>Predisposing Factors</i>						
Age	49.92	18.08	--	--	--	--
Male gender	59.9%	--	--	--	--	--
Non-Hispanic Black	15.4%	--	--	--	--	--
Hispanic	19.1%	--	--	--	--	--
Single, never married	23.4%	--	--	--	--	--
Separated, widowed, or divorced	29.5%	--	--	--	--	--
Parent of children < 18 years	76.6%	--	--	--	--	--
Predisaster employment	57.8%	--	--	--	--	--
Predisaster probable PTSD	12.3%	--	--	--	--	--
Predisaster probable MDD	18.9%	--	--	--	--	--
Predisaster probable GAD	11.3%	--	--	--	--	--
Disaster-related trauma	.14	.41	--	--	--	--
Disaster-related stressors	3.09	1.75	--	--	--	--
General trauma	.09	.32	.25	.62	.54	.85
General stressors	.30	.67	.91	1.31	1.38	1.70
<i>Illness Factors</i>						
Posttraumatic stress	27.46	13.52	24.03	10.77	25.20	12.39
Depression	2.10	4.41	1.84	3.84	2.01	4.05
Generalized anxiety	1.57	3.50	1.27	3.13	1.28	2.93
Quality of life	45.81	10.58	47.50	10.33	48.14	10.39
<i>Enabling Factors</i>						
Insurance coverage	82.0%	--	82.3%	--	83.2%	--
Past-week employment	55.3%	--	50.4%	--	49.9%	--
Emotional support	9.59	2.57	9.48	2.58	9.47	2.67
Informational support	7.19	2.74	6.98	2.74	7.24	2.71
Tangible support	11.00	3.72	9.40	3.56	10.03	3.71

Note. PTSD = posttraumatic stress disorder; MDD = major depressive Disorder; GAD = generalized anxiety disorder.

Supplementary Table 2. Number and Percentage of Participants Reporting Perceived Mental Health Service Needs at Each Wave

	<i>Wave 1</i> <i>n=658</i>		<i>Wave 2</i> <i>n=529</i>		<i>Wave 3</i> <i>n=487</i>	
	<i>n</i>	<i>%</i>	<i>n</i>	<i>%</i>	<i>n</i>	<i>%</i>
Information about stress reactions	71	10.8%	43	8.1%	54	11.1%
Medication for emotional problems	78	11.9%	58	11.0%	74	15.2%
Discuss causes of stress	52	8.2%	42	7.9%	63	12.9%
Change thoughts or feelings	117	17.8%	89	16.8%	118	24.2%
Talk through problems	146	22.2%	92	17.4%	119	24.4%
Any need	210	31.9%	141	26.7%	172	35.3%

Supplemental Table 3. Number and Percentage of Participants Reporting Mental Health Service Use among Participants with a Perceived Need for Services at Each Wave (n=304)

	<i>Wave 1</i> <i>n = 210</i>		<i>Wave 2</i> <i>n = 141</i>		<i>Wave 3</i> <i>n = 172</i>	
	<i>n</i>	<i>%</i>	<i>n</i>	<i>%</i>	<i>n</i>	<i>%</i>
Physician	21	10.0%	34	24.1%	27	15.7%
Psychiatrist	14	6.7%	16	11.3%	19	11.0%
Psychologist	4	1.9%	3	2.1%	10	5.8%
Minister or spiritual advisor	11	5.2%	11	7.8%	13	7.6%
Crisis counselor or outreach worker	4	1.9%	0	0.0%	5	2.9%
Other mental health professional	4	1.9%	2	1.4%	13	7.6%
Self-help group	4	1.9%	4	2.8%	8	4.7%
Self-help information	2	1.0%	3	2.1%	4	2.3%
Used any of <i>listed</i> services	51	24.3%	56	39.7%	68	39.5%
Used <i>any</i> service	78	37.1%	67	47.5%	77	44.8%