Table 2 Patient and clinician ratings regarding helpfulness of treatment

Treatment Domain	N	Clinician Mean Score	SD	Patient Mean Score	SD	р	Correlation Coefficient	95% CI
Family Relationships	137	1.8	.6	1.5	.7	< .001	.193	.059328
Finding/Keep ing a Job	50	2.3	.7	2.0	1	.004	.209	008 – .426
Feeling Better About Your Job	43	2.0	.6	2.0	.9	.190	.015	280 – .310
Gaining a Positive Outlook Toward the Future	151	1.8	.6	1.7	.8	.018	.209	.096 – .323
Feeling Better About Yourself	154	1.8	.6	1.6	.7	.026	.120	001 – .240
Reducing Symptoms	153	1.8	.6	1.6	.8	.013	.188	.064 – .312

Scores ranged from 1 to 4, with lower scores indicated more helpful ratings of treatment