

expensive than offering standard inpatient care.

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**In Reply:** Hubbeling and Chang raise important issues and highlight the fact that changes in one area of mental health care have an impact on other parts of the system. The mental health care system provides a continuum of services of treatment and support. Ideally, clients are able to move between levels of service according to changes in their symptoms and well-being; the aim is to provide care in the least restrictive environment. For example, both Australia (1) and the United Kingdom (2) have such a system.

The flow-on effects of changes in available services and client movements within a system are difficult to determine. Doing so requires a systemwide focus rather than evaluation of unique service types within a system, which was the type of review we undertook. Collateral effects of changes in provision of mental health services were not reported in any of the research articles that were included in our systematic review.

We acknowledge that a skilled workforce is essential to the effectiveness of mental health care and that staff movements within the continuum of services—or staff movements out of the mental health care system—will have an impact on the quality of services provided.

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## ICD-11 and DSM-5 Classifications: A Survey of Japanese Psychiatrists

**To the Editor:** The World Health Organization is currently working on the 11th revision of the *International Classification of Diseases (ICD-11)* (1), and *DSM-5* (2) was released in May 2013. Some criticized the process of developing *DSM-5* (3). Thus we thought that it would be worthwhile to investigate how Japanese psychiatrists view the *ICD* and *DSM* revision processes and how they would like the diagnostic classifications to change.

The aim of this study was to clarify how *ICD-10* (4) and *DSM-IV-TR* (5) have been perceived in clinical, administrative, and forensic settings in Japan. In addition, we solicited opinions on the diagnostic classifications proposed for *ICD-11*. A questionnaire was mailed in February 2011 to 452 members of the council of the Japanese Society for Psychiatric Diagnosis and 80 chief professors from every psychiatry department at universities in Japan. They were asked to provide their opinions and perspectives on issues regarding diagnostic classification in general, rather than on specific disorders or domains in the *ICD-10* and *DSM-IV-TR*.

Data were collected from 245 respondents (response rate of 46%), of which 219 were men and 26 were women. The mean  $\pm$  SD age of respondents was  $50.0 \pm 12.9$  years, and the mean length of their experience as a psychiatrist was  $23.9 \pm 12.4$  years. [A table presenting the 12 questions and the responses is available in an online data supplement to this letter.]

Survey results appeared to indicate that respondents were rather hesitant

about making major changes, such as reorganizing the classification system. The coexistence of two major diagnostic systems, namely the *ICD* and *DSM*, has been a concern among many clinicians. The Research Domain Criteria proposed by the National Institute of Mental Health in the United States were favorably seen by Japanese psychiatrists; 74% approved this approach.

Hesitation about making major changes was evident in responses to an item about recent molecular genetic research suggesting that bipolar disorder is closer to schizophrenia than to depression. Respondents were not comfortable combining bipolar disorder and schizophrenia as psychotic disorders; instead, 69% agreed that bipolar disorder should continue to be included in the category of mood disorders.

Two items asked about the many “not otherwise specified” (NOS) diagnoses and “comorbid” diagnoses that are yielded by the *ICD-10* and *DSM-IV-TR*. Responses indicated a desire that revisions to the classification systems would lead to fewer such diagnoses; however, many respondents acknowledged that NOS and comorbid diagnoses were an unavoidable outcome of using operational diagnostic criteria.

These results were obtained from Japanese psychiatrists and therefore cannot be generalized to psychiatrists worldwide. However, we hope that these findings will help inform *ICD-11* revision efforts.

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The authors report no competing interests.